

# *Silver Psychology Center*

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## **PARENTING PLAN SERVICES**

Our goal is to help parents develop detailed, comprehensive parenting plans tailored to each family's particular circumstances. While equivalent sharing may be the ideal, when circumstances indicate, deviations may be necessary to better serve the child or children.

In our parenting plan development we employ empirically-based decision making. In other words, our parenting plans are based upon the known research with regard to post-divorce sharing schedules, taking into consideration the unique aspects of each family. We will inform parents of the best ways to reduce the upset of divorce on children through constructive compromise. We can provide forms that outline all the elements that need to be addressed in sufficient detail to have a workable plan. Once you are able to complete a parenting plan, we recommend you seek a legal review to ensure the plan meets all the legal requirements.

Our efforts are directed at empowering parents through education, information, modeling behavior, encouraging and facilitating mutual understanding, improving parenting skills and teaching conflict resolution. When necessary, the Silver Psychology Center can provide expert help and guidance on certain sticking points, such as the following:

- Conflict over school choice – i.e., public/private, home-school versus formal education.
- Does our child have a learning difficulty?
- Diagnosis of special needs and parents' ability to meet those needs – i.e., learning disability, autism, Aspergers, depression, anxiety.
- Identify parental capabilities and inclination to address weak areas.
- Identify parental mental health issues and determine their effect on parenting – i.e., substance abuse, psychiatric and mood disorders.
- Parenting styles and skills building.
- Match between parenting practices and child's temperament.
- Relocation decisions.
- Modification of parenting plan.
- Identification of anomalies – unique circumstances that impact parenting.
- Determine whether collaborative or parallel parenting is indicated.

The Silver Psychology Center urges that parents at least attempt to come up with their own parenting plan before considering a Parenting Plan Evaluation (PPE). The Silver Psychology Center is willing to see parents individually to give them ideas about elements of a good plan for their particular needs, or to develop a plan to propose to the other parent. However, it is usually best for parents to work collaboratively on a parenting plan. You may choose to utilize the psychologists at the Silver Psychology Center on an ongoing basis, or just when there is a disagreement in order to resolve that particular difference.

Our aim is to achieve a mutually agreed upon plan that is endorsed by the parties respective attorneys. Our commitment to a mutual settlement is affirmed by offering a rebate to parents who sign a Parenting Plan Agreement.

Sometimes, mutual negotiation and/or expert input on specific issues may prove insufficient to produce agreement. In cases where parents continue to have irremovable doubts, a PPE may be necessary. This, however, is the most costly and personally invasive service offered by the Silver Psychology Center. Essentially, this means rather than retaining the power to devise your own solution, parents solicit an expert's opinion who proposes a detailed comprehensive parenting sharing plan, based upon factors cited by Florida law.